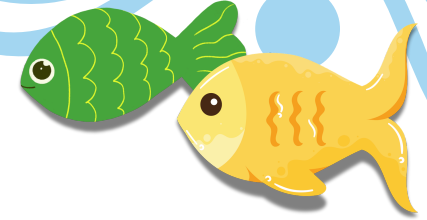


Brea Glenbrook Club



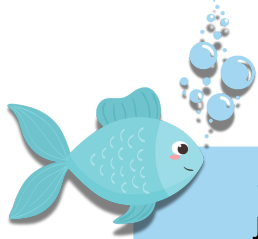
SWIM LESSONS 2026

AGES 1 AND OLDER. LEARN THE FUNDAMENTALS OF WATER MOBILITY, BUOYANCY AND ENJOYMENT.

GLENBROOK RESIDENT PRIORITY REGISTRATION: MAY 1–MAY 15

GENERAL REGISTRATION BEGINS MAY 16

MAXIMUM 6 STUDENTS/CLASS



SESSION 1

JUNE 15 – JUNE 26

GLENBROOK RESIDENTS: \$100 / NON-RESIDENTS: \$130

MORNING LESSONS

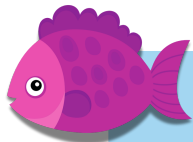
10:00 AM - 10:30 AM
10:30 AM - 11:00 AM
11:00 AM - 11:30 AM
11:30 AM - 12:00 PM

GUPPY
POLLIWOG & GUPPY
POLLIWOG & TADPOLE
TADPOLE

EVENING LESSONS

7:00 PM - 7:30 PM
7:30 PM - 8:00 PM

POLLIWOG & GUPPY
POLLIWOG & GOLDFISH



SESSION 2

JUNE 29 – JULY 10

GLENBROOK RESIDENTS: \$100 / NON-RESIDENTS: \$130

MORNING LESSONS

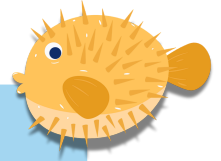
10:00 AM - 10:30 AM
10:30 AM - 11:00 AM
11:00 AM - 11:30 AM
11:30 AM - 12:00 PM

GUPPY
POLLIWOG & GUPPY
POLLIWOG & TADPOLE
TADPOLE

EVENING LESSONS

7:00 PM - 7:30 PM
7:30 PM - 8:00 PM

POLLIWOG & GUPPY
POLLIWOG & GOLDFISH



SESSION 3

JULY 13 – JULY 24

GLENBROOK RESIDENTS: \$100 / NON-RESIDENTS: \$130

MORNING LESSONS

10:00 AM - 10:30 AM
10:30 AM - 11:00 AM
11:00 AM - 11:30 AM
11:30 AM - 12:00 PM

GOLDFISH
POLLIWOG & GUPPY
POLLIWOG & POLLIWOG
TADPOLE

EVENING LESSONS

7:00 PM - 7:30 PM
7:30 PM - 8:00 PM

POLLIWOG & GUPPY
GOLDFISH & DOLPHIN



SESSION 4

JULY 27 – AUGUST 7

GLENBROOK RESIDENTS: \$100 / NON-RESIDENTS: \$130

MORNING LESSONS

10:00 AM - 10:30 AM
10:30 AM - 11:00 AM
11:00 AM - 11:30 AM
11:30 AM - 12:00 PM

DOLPHIN
POLLIWOG & GUPPY
POLLIWOG & GUPPY
TADPOLE

EVENING LESSONS

7:00 PM - 7:30 PM
7:30 PM - 8:00 PM

POLLIWOG & GUPPY
GOLDFISH & DOLPHIN



REGISTRATION POLICY

To enroll in a swim session, payment must be made in full at time of registration.

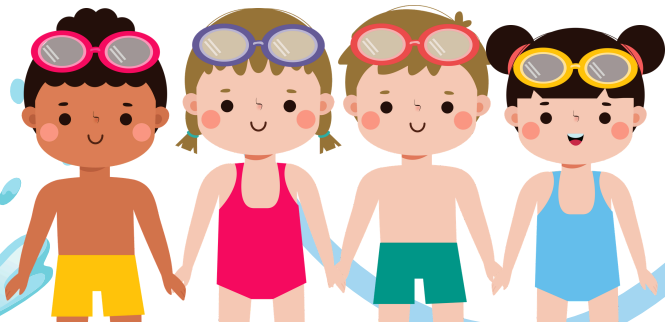
Glenbrook residents have priority registration for swim lessons May 1st through May 15th.

Beginning May 16th, general registration for all non-Glenbrook residents will open.

Fees for classes are \$100 for Glenbrook residents and \$130 for all others. (adjusted for holidays)

Maximum class capacity is 6 students.

Non-residents may **ONLY** be in the pool during class, **NOT** before or after.



TADPOLE

A water familiarization class. Children work on interacting with the instructor, blowing bubbles, assisted floating, and assisted kicking.

POLLIWOG

Children will continue to work on floating and kicking skills. Introduction of arm strokes of freestyle and backstroke. Introduction to side breathing.

GUPPY

Continue working on freestyle and backstroke. Perfecting side breathing timing. Introduction to breaststroke, diving, and treading water.

GOLDFISH

Child must be able to swim 25 yards (length of pool) freestyle with side breathing and 25 yards backstroke. Perfecting breaststroke, diving, and treading water. Introduction to flip turns and butterfly stroke.

DOLPHIN

An endurance swimming class. Improving rhythm and timing with all strokes. Perfecting flip turns. Diving off the board. Introduction to competitive swim skills.